

MENTAL HEALTH RESOURCES

NAMI | 703.524.7600 | <https://nami.org/Home>

NIMH | 1.866.615.6464 | <https://www.nimh.nih.gov/>

National Crisis Line | 1.800.273.8255 | <https://suicidepreventionlifeline.org/>

Lost & Found | 605.549.5281 | <https://resilienttoday.org/>

SD Dept of Health | 605.773.3165 | <https://dss.sd.gov/behavioralhealth/>

Helpline Center | 211 | <https://www.helplinecenter.org/>

Hope Line | 931.486.1515 | <https://www.thehopeline.com/>